



The Headstone

January 2012



Special points of interest:

- Aktion Club
- Governor Vesta Browne

Letter

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Jan 26th-Marshfield Kiwanis/Aktion Club Charter Night

The Marshfield Kiwanis will be conducting its first Aktion Club meeting Jan. 26th 7:00 p.m. at the Tavern Restaurant in Marshfield Ma. Come join us and become a chartered member. For more information on the program .

Aktion Club is open to any adult, age 18 years or older who has a disability and is interested in performing community service and having fun. Every Aktion Club annually elects its own officers and organizes its members into committees.

Aktion Club is the only service club for adults with disabilities, with more than 9,000 members worldwide.

Aktion Clubs draw members from various organizations that support individuals with disabilities, as well as other community programs. Aktion

clubs can also be established at churches, libraries, YMCAs, lodges or similar facilities. A Kiwanis club, composed of like-minded, service-oriented people from the community, serves as the club's sponsor.

Aktion Club is supported at the district level and by the Kiwanis International Office in Indianapolis, Indiana, which provides programs, literature and opportunities to relate to individuals with disabilities from countries worldwide. Motto:

Where development has no disability.

Vision: To develop competent, capable, caring leaders through the vehicle of service.

Mission:

To provide adults living with disabilities an opportunity to develop initiative, leadership skills and to serve their communities.

Core Values:

Character Building: The ability to the right thing, even when it might be the unpopular choice

Leadership: The ability to listen, communicate, serve and guide others

Inclusiveness: Accepting and welcoming differences in other people

Caring: The act of being concerned about or interested in other people or situations



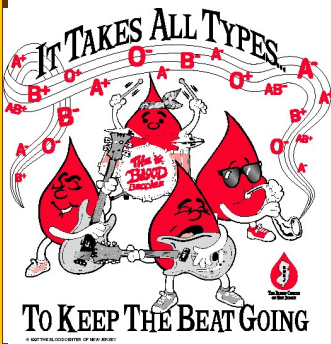
American Red Cross

Every minute of every day, someone needs blood. That blood can only come from a volunteer donor, a person like you who makes the choice to donate. There is no substitute for your donation. When you make a blood donation, you join a very select group. Currently only 3 out of every 100 people in America donate blood. From its beginning, the American Red Cross has formed a community of service, of generous, strong and decent people bound by beliefs beyond them-

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selves. The American Red Cross blood donor embodies this principle. Please join us in our mission to maintain a safe and stable blood supply

On January 5th our Club voted to conduct a blood drive for the American Red Cross. We are now in the process of selecting a date.



Blood Facts and Statistics

- Every two seconds someone in the U.S. needs blood.
- More than 38,000 blood donations are needed every day.
- A total of 30 million blood components are transfused each year in the U.S. (2006).
- The average red blood cell transfusion is approximately 3 pints.
- The blood type most often requested by hospitals is Type

- O.
- The blood used in an emergency is already on the shelves before the event occurs.
- Sickle cell disease affects more than 80,000 people in the U.S., 98 percent of whom are African American. Sickle cell patients can require frequent blood transfusions throughout their lives.
- More than 1 million new people are diagnosed with cancer

- each year. Many of them will need blood, sometimes daily, during their chemotherapy treatment.
- A single car accident victim can require as many as 100 pints of blood.



Winter Fire Safety

October through March is the busiest time of year for responding to house fires at your Red Cross. This past year, the American Red Cross of Eastern Massachusetts responded to 420 emergencies and the majority of them were house fires.

According to reports by the National Fire Protection Association (NFPA), cooking and heating are the leading causes of home fires. The survey revealed the majority of Americans are concerned about the rising cost of heating their homes (79%), and that (48%) of households will use an alternative heating source to reduce their bills this winter. Alternative heating sources include portable space heaters, stoves, ovens and fireplaces. A third of (36%) of people with fireplaces reported they never cleaned or inspected their chimneys. The survey also found 23% of respondents did not consider it essential to make sure someone is home when food is cooking on the stove.

The American Red Cross encourages community members to take the necessary steps to prevent home fires and educates families and

individuals about what to do in case of a fire and how to practice home fire safety. These general safety habits include:

- Keeping flammable items at least three feet away from anything that gets hot.
- Keeping matches and lighters away from children.
- Keeping a fire extinguisher in the kitchen and getting training from the fire department on how to use it.
- Plugging heaters directly into a wall socket and unplugging them when not in use.
- Identifying a meeting place outside of the home to gather after escaping.
- Installing smoke alarms on every level of your home, including sleeping areas.
- Testing and dusting smoke alarms monthly and changing the batteries twice a year.
- Making a fire escape plan with two exits out of every room and practicing your plan twice a year.
- Give space heaters space by keeping them at three feet from anything that can burn. Turn off heaters when you leave the room or go to sleep.



THIS STORY APPEARED IN THE BOSTON GLOBE DECEMBER 25 2011

The Marshfield Chamber of Commerce is launching a new internship program Feb. 27 for Marshfield High School seniors. Jack Griffin, a member of the chamber's board of directors, said organizers hope to begin with about 10 interns working at local businesses and possibly Town Hall. The chamber asks participating businesses to provide a \$1,000 scholarship for each intern they host, though if funding is an issue businesses may be helped with the scholarship. Griffin, who is also president of the Marshfield Kiwanis Club, plans to ask the club's membership to fund a scholarship for a Town Hall intern because the town cannot spend money from the budget. Town Administrator Rocco Longo said a Town Hall intern could choose from a variety of fields, including conservation, planning, taxes, engineering, and elder services. - Jennette Barnes

**At our first meeting of 2012 . Our members voted to approved this program.
The program is now going to Budget and Finance.**

Upcoming Events

January '12						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
22	23	24	25	26	27	28
29	30	31				

February '12						
Su	M	Tu	W	Th	F	Sa
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March '12						
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April '12						
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29	30					

May '12						
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27	28	29	30	31		

June '12						
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July '12						
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29	30	31				

August '12						
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September '12						
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30						

October '12						
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November '12						
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December '12						
Su	M	Tu	W	Th	F	Sa
						1
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23	24	25	26	27	28	29

- January 20th - Spaghetti Dinner
- February 17th - Poker Night
- March 31 - TBA
- April 14 - TBA
- May 5th - Kentucky Derby
- May 7th - Chamber of Commerce Golf
- June 23 - TBA
- July 16th - One Klub Golf Tournament
- August 3rd - Annual Meeting
- August 4th - Softball Tournament
- September 8th - Clambake
- September 30th - Cow Pie Bingo
- October 20th - TBA
- November 9th - Officer Installation
- December 8th - Christmas Party at Fairground



MacDonald
FUNERAL
HOME
P O Box 84, 1755 Ocean St.
Marshfield, MA 02050

Gerard Farm



District News

January 7, 2012

Hello New England and Bermuda,

As Tom and I have travelled around the District we have heard first hand from clubs how they feel disconnected from the District and consequently, do not feel they are getting anything from their paid dues. Immediate past governor Ron Sanville and I have discussed this problem many times and we are very concerned. Following are my observations and my comments:

As soon as I hear this comment I immediately look around the room to observe the demographics of the club and try to get a vibe from its members how things are going. Many times I observe a club that is stuck in a time warp. You can almost pinpoint when that feeling emerged within the club: not exactly sure if it was an event, something negative was said or a project did not work out as was planned. Honestly, I don't think anyone can verbalize what happened but you can almost be sure something happened to cause this feeling.

In talking with club members you hear how they no longer feel they need to attend conferences, they no longer attend any division meetings, educational workshops...don't need them either. You will also hear how their members have aged, they no longer are able to attract new, younger members and they cannot seem to get members to take on new projects.

That thread that keeps Kiwanis clubs connected to each other is missing. Although it may be described an intangible, we cannot over-estimate the value of that connecting thread because it is what keeps successful clubs attending conferences, sending delegates to conventions, becoming actively involved at the district level and encourages them to contact committee chairs for ideas and to seek resources and information to help them become better at what they do. As a result, their membership is actively involved, is probably growing or at least remaining stable and there is a feeling of excitement among the membership. They present new ideas and concepts to club members. Club members experience personal growth when they are engaged in District Committees and leadership positions. Then they take on other responsibilities. This all translates into a global community where ideas are encouraged and shared and it goes beyond just their own community. It is much bigger than that. This feeling of accomplishment as new ideas are tried and proven successful translates into growth.

In recent years, the district has worked hard to put together a plethora of resources, communication tools and educational leaders who are willing to work with any club that seeks their assistance. Those clubs taking advantage of these resources available through the district have experienced a renewed energy and are well on their way to becoming a greater resource to their community. The new ideas they have learned, new projects they have been introduced to, and new leadership plans will benefit their communities on a much larger scale than before. These Kiwanis Clubs are great resources and valued members within their entire community.

Unfortunately, there are clubs that are just surviving. They may continue to survive for a few more years but with this lack of renewable ideas and introduction to new concepts and leadership, it will begin to take its toll. We have seen it too often. This resistance to change and holding on to the way things were will cause their club to become a memory much like the ideas they are holding on to.

This can be avoided. We cannot fix what has happened in the past, especially when we may not even know what it was that caused the change in thinking. However, we can offer you the opportunity to try some of what the District has to offer. Check us out, look over the resources available, invite an educational leader to a meeting, visit the website, join the yahoo group, and attend the regional conferences that are being planned by your Lt. Governors. We are bringing the conference information to you in order to help remove all those excuses for not attending. We ask that you give it a try. Your Lt. Governors are presently working very hard in getting the information you want and need. Please let them know your ideas so that we can serve you, our customer, the best way possible.

If there is something you need or cannot find, contact me (Vesta@newenglandkiwanis.org) and we will do our best to meet your needs. We cannot change what has happened in the past, but together we can certainly work toward success for the future. Our district is only as strong as our weakest club. Let us know how the district can become a more valuable resource for your club so that all our clubs are as strong as possible. If we all worked on this, our communities will reap the rewards of having a strong Kiwanis club available to serve their needs and our district would soon go from good to GREAT!

Vesta Browne

Governor 2011-2012

New England District

Kiwanis International

Inside Story Headline

For every \$10 donated, a single use car wash certificate will be emailed to you for a regular or basic wash that can be redeemed at one hundred car washes across New England including Briteway Car Wash on RT 139. If you donate \$30, you will receive 3 certificates, if you donate \$50, you will receive 5 certificates. You must specify the car wash location to be redeemed when purchased. The certificate is for a basic or regular wash and can be upgraded to a higher wash package at many of the participating

car washes for a small fee.

Half of the proceeds after processing and administrative fees will go to the charity.

Certificates expire 6 months after date of purchase.

Visit :

<http://marshfieldkiwanis.com/marshfield-kiwanis-fundraising/carwash/>



Home Delivery for every Occasion

Marshfield Kiwanis is proud to announce that we have partnered with Florist One. Florist One utilizes the local FTD florist shops in your area for delivery. We also delivered nationwide.

The Marshfield Kiwanis Receives a commission on every order. Help us help the Children and Seniors. This service will also be utilized all year long.

Visit :

<http://marshfieldkiwanis.com/marshfield-kiwanis-fundraising/flowers/>



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